

Prediabetes & Diabetes Management Services



The Interior Health Authority Diabetes Education Program

Provides programs and services to help individuals with diabetes gain knowledge, skills and resources to better manage their condition, including insulin adjustment.

- Services are available for individuals with all types of diabetes including Type 1, Type 2, gestational, and pre-diabetes.
- Offers support for caregivers and families of those living with diabetes.
- Services offered include appointment-based education sessions or group sessions with nurses, dietitians, and physicians trained in diabetes management.

We Care Home Health Services Diabetes Awareness Clinic

Provides diabetes awareness and education to identify and reduce the risk associated with diabetes.

- Services include blood glucose testing, A1C glucose testing, blood pressure and pulse assessment, and foot assessment.

Home Instead Senior Care: Diabetes Care Program

Highly trained CAREGivers help senior individuals manage Type 1 or Type 2 diabetes by delivering important home-care.

- Services include prompting clients to check blood sugar levels regularly, documenting blood sugar results and encouraging clients to follow doctors' recommendations for glucose results that are too high or low.
- CAREGivers also implement an action plan if a diabetic emergency arises, remind clients to take scheduled medications, plan and prepare well-balanced diets based on recommendations of doctors or diabetes educators, help schedule appointments, and encourage foot care to help reduce complications.

Diabetes Foot Services

Diabetic foot care services include foot and nail assessments, treatment of callouses, corns, bunions, and client education on how to perform at-home foot care and prevent future foot complications. Referrals to doctors and podiatrists are made when necessary.

Local service providers include:

- One Step Foot Care
- OKAPED
- We Care Home Health Services Footcare

Diabetes Eye Care Services

Diabetic eye care services include comprehensive eye exams, and eye disorder detection and treatment. They also provide expert advice, monitoring, and management of eye disorders including diabetic retinopathy.

Local service providers include:

- Apex Optometry
- Summerland Optometry
- Doctors Eye Care

Pharmacies Offering Diabetes Care

Pharmacies that offer diabetes care provide general diabetes education, nutrition tips, and blood glucose monitoring. They also provide diabetes risk assessment, analyze medication profiles, and offer specialty leg and foot care.

Local service providers include:

- Pharmasave Osoyoos
- Remedy's Rx

